



2015-2016 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Greek yogurt topped with fresh strawberries and granola.	Hot Oatmeal cooked with fresh strawberries.	Melon, apples and hard boiled farm fresh eggs.	Hot oatmeal cooked with fresh strawberries.	Greek yogurt topped with fresh strawberries and granola.
Lunch	Yummy oven baked salmon with a teriyaki and soy sauce glaze served with organic creamy pasta and an Israeli salad. ☺	Delicious Moroccan couscous. ☺ Oven roasted squash, zucchini leeks and potatoes topped with raisins and sweet agave on a bed of whole grain couscous.	Tasty sushi salad ☺ Chopped seaweed tomatoes, cucumbers and chickpeas mixed in brown rice topped with a soy sauce and sesame glazed dressing.	Yummy and one of a kind Avocado and Quinoa bowl. ☺ Organic avocados, beans, tomatoes and fresh basil topped on a bed of warm wholesome quinoa. ☺	Fun homemade vegetarian pizza and a salad ☺
Snack	Homemade delicious French Crêpes.	Whole-wheat mini sandwiches with almond butter.	Greek yogurt topped with fresh strawberries and granola.	Melon, Apples and hard boiled farm fresh eggs.	Early dismissal.