



2016 Summer Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Whole-wheat mini sandwiches with strawberry organic jam.	Hot Oatmeal cooked with fresh strawberries.	Melon, apples and hard boiled farm fresh eggs.	Hot oatmeal cooked with fresh strawberries.	Fruit salad bowl with granola and honey.
Lunch	<p>Asian Day!</p> <p>Delicious wholesome Teriyaki Salmon . ☺</p> <p>Yummy oven baked salmon with a teriyaki and soy sauce glaze served with basmati rice and an Israeli salad. ☺</p>	<p>French Day!</p> <p>Tasty oven baked French quiche with a Fresh and yummi Tuna Salad Niçoise ☺</p> <p>Homemade delicious mushroom, eggs and spinach quiche with a side of delicious salad Nicoise with Tuna fish, sautéed green beans, spinach, mini potatoes, corn, tomatoes and cucumbers in a Dijon dressing.</p>	<p>Israeli Day!</p> <p>Falafel Tahini and salad.</p> <p>Homemade falafel with Organic Tahini and a delicious cucumber and tomato Israeli salad in a wholesome pita.</p>	<p>Moroccan Day!</p> <p>Fish balls and wholegrain couscous. ☺</p> <p>Delicious home made freshly ground fish balls in a tomato and basil sauce on a bed of whole grain couscous grains.</p>	<p>Italian Day!</p> <p>Fun homemade vegetarian pizza and a salad ☺</p>
Snack	Greek yogurt topped with fresh strawberries and granola.	Whole-wheat mini sandwiches with strawberry organic jam.	Greek yogurt topped with fresh strawberries and granola.	Melon, Apples and hard boiled farm fresh eggs.	Early dismissal.